

# Comprehensive School Health & the Healthy Schools Network

[www.healthyschoolsnetwork.org](http://www.healthyschoolsnetwork.org)

**April 28, 2011**



Ministry of  
Education

# About DASH

**DASH 's vision:**

*Every child in BC is part of a  
health promoting school community*

- **DASH is grounded in the moral purpose that healthy living is key to learning and life success.**



# What does DASH do?

- follows the internationally recognized *comprehensive school health Framework\*\** as a proven model for building health promoting schools.
- facilitates shared learning of leading edge knowledge in school health among and in collaboration with the school health community.
- delivers programs, services and resources that assist with the integration of school health programs into the school community.

# Comprehensive School Health

CSH is an internationally recognized framework for supporting improvement in students' education outcomes while addressing health issues in a planned integrative way.



# What does CSH look like?

When we say	What we mean	
<b>Teaching and Learning</b>	Curriculum, resources and activities both in and beyond the classroom that build on and improve student health knowledge and skill	
<b>Social, Emotional and Physical Environment</b>	Quality of the relationships among and between staff and students; emotional well being of students	Buildings, grounds, play space and equipment; basic amenities such as sanitation and air cleanliness
<b>Healthy School Policy</b>	Policies, processes, rules and practices that promote health and shape a respectful, welcoming, caring environment	
<b>Partnerships and Services</b>	Connections between schools and students' families; health, education and community working together to advance school health	

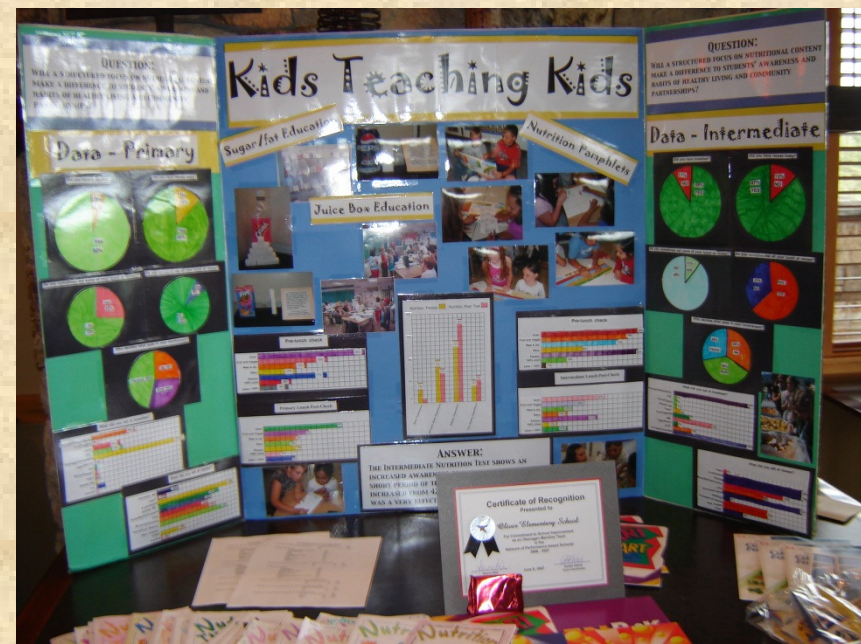
# Attributes of a Healthy School

- better learning outcomes for students
- better health and well-being for students and staff
- more effective teaching and learning
- a strategy for embedding classroom-based learning experiences into real life projects
- an approach that meets your school's unique and individual needs
- a more cooperative and friendly school



# Healthy Schools Network (HSN)

- A voluntary network of BC schools that are implementing a healthy schools approach (CSH) in an action research setting
- HSN schools use an integrated approach to health promotion that gives students numerous opportunities to observe and learn about positive healthy



# Healthy Schools Network

- **Over 100 schools**
- **13 Regional Hubs**
- **17 Regional Leaders**
- **Funded by the Ministry of Education and supported by Directorate of Agencies for School Health (DASH) BC**



# HSN Process

- Build A Healthy School Team
- Conduct a [Healthy School Assessment](#)
- Develop an inquiry question and plan of action
- Participate in scheduled HSN opportunities in your region
- Use the [Healthy Living Performance Standards](#)
- Submit a year end report

# HSN in Northern BC

- **North East**
  - SD#60 (5 schools)
- **North Central**
  - SD#27/57/91 (7 schools)
- **North West**
  - SD#50/82 (2 schools)
- **North Vancouver Island**
  - SD#72/85 (5 schools)

April 11, 2011 – Fort St. John

*Local schools get*



# Connectedness

**“Students feel better about coming to school. They feel more in control of their own ability to deal with stressful situations at school e.g. bullying, taking tests.**

**Students know what they are expected to do and learn, and students know what they need to do to progress in their learning.**

**Students were able to provide descriptive feedback through self-assessment and peer-assessment. Students demonstrated ownership of their learning by showing how and what they learned at school. This also helped them at home with friends. They understand that these skills they are**

**learning and practicing will help them in**

# Contact Us!

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